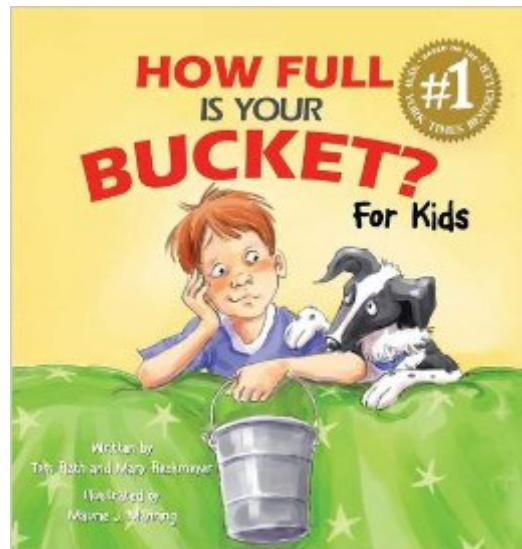


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# How Full Is Your Bucket? For Kids



## Synopsis

An illustrated adaptation of the long-running bestseller *How Full Is Your Bucket?* (more than 400,000 copies sold) for kids is told through the story of a boy who learns a valuable metaphor and watches it come to life as the day unfolds. Every moment matters. Each of us has an invisible bucket. When our bucket is full, we feel great. When it's empty, we feel awful. Yet most children (and many adults) don't realize the importance of having a full bucket throughout the day. In *How Full Is Your Bucket? For Kids*, Felix begins to see how every interaction in a day either fills or empties his bucket. Felix then realizes that everything he says or does to other people fills or empties their buckets as well. Follow along with Felix as he learns how easy it can be to fill the buckets of his classmates, teachers and family members. Before the day is over, you'll see how Felix learns to be a great bucket filler, and in the process, discovers that filling someone else's bucket also fills his own.

## Book Information

Lexile Measure: 560L (What's this?)

Hardcover: 32 pages

Publisher: Gallup Press; unknown edition (April 1, 2009)

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Product Dimensions: 10.5 x 0.6 x 10.5 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (329 customer reviews)

Best Sellers Rank: #991 in Books (See Top 100 in Books) #17 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect #23 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 3 - 8 years

Grade Level: Preschool - 4

## Customer Reviews

I cannot even begin to describe the healing power of bucket filling in my own school. As an elementary school counselor, it's the #1 way I usually deal with kids when it comes to oh....EVERYTHING. I've taught this metaphor for years and it is built into our thinking and language.

The kids use it for problem solving, bullying, friendship issues, home problems, helping others, expressing a need, describing their feelings, talking about a hurt and much more. Relationships are strengthened when students choose to live their lives by this philosophy. I originally found out about bucket filling through author Carol McCloud's book *Have You Filled a Bucket Today?*. It's a neat picture book explaining just what is the business of "Bucket Filling." If you've been using this story (or even if you haven't) to explain this wonderful metaphor, then you ABSOLUTELY need *How Full Is Your Bucket? For Kids*. What makes this book so special is the focus is on a boy, Felix, and what happens to his bucket throughout his day. He wakes up in the morning with a pretty full bucket. But he spills the cereal and his mom scolds him. Ouch, hurt feelings. DRIP. I loved watching the students' reaction to that word. They hadn't heard bucket filling described that way. Felix gets to school and has a series of negative encounters with kids. DRIP. DRIP. All those positive feelings he started with start going away until his bucket is almost empty. "But then something happens to stop the DRIPS. Felix's teacher gives him a compliment. DROP. The class is supportive of him and praises his effort. DROP! He starts receiving compliments and acts of kindness from others as the school day continues. DROP! His bucket starts to fill back up with positive feelings. Here comes my favorite part.

I am the parent of a 4.5 year old boy. He is an only child. He has always been prone to negativity and it has been hard on the household, dealing with that day after day since he was a baby. A friend recommended this book as a teaching tool to help him understand better how his behavior and attitude affects people around him. I'm pretty lukewarm on this book. Some sections do a good job communicating this theme. My son really likes the book. Here's where I think the book is very unsuccessful: a whole lotta things get done by various characters in this book that are highly "bucket emptying" kinds of behaviors, but they go unacknowledged while every tiny thing Felix, the main character, does is either shamed or praised for its emptying or filling of buckets. There are two main examples of this:- On the first page, Felix is nasty to his sister, who has asked nicely to play blocks with him. On the next two pages, she pleads her case, "I'll be careful" etc. Felix responds nastily to her and she responds by kicking over his block tower, blocks flying everywhere and the onomatopoeia "THWACK!" shown above her violent reaction. Turn the page to see Felix summoning Grandpa. When Grandpa arrives on the scene, he is shown consoling...who? Felix, whose block tower was just destroyed by an outright naughty behavior of the sister? No. Grandpa is picking up sister for a snuggle and bitching out Felix for "dipping from your sister's bucket." Felix is in trouble for being nasty on the first two pages, but sister is being cuddled despite her

far-greater-sin act of aggression. It doesn't make any sense at all and I think it can really confuse the message for a small child whose parents are reading him this book.

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